Dear friends,

These days we are enjoying incredibly hot summer on the streets of Kyiv, but I cannot help reminiscing ice-cold winds in Luhansk region, where in February this year, together with partners from Caritas Austria, we came to witness more dire living conditions of local people facing daily challenges of war. In Pischane village, in the outskirts of Starobilsk city, relatively far from the front line, we visited two elderly sisters living in a hut alike house. Both with disabilities, Liubov Pavlivna had her leg amputated due to illness, and her younger sister - Nina Pavlivna – suffer from mental wounds unhealed due to incredible poverty and terrible war that heavily affected her. Their combined income is 2,500 UAH (80 euros), while they paid almost 2,000 UAH (65 euros) for winter heating and electricity in January. Almost 750 kilometers from Luhansk region and four months later these heavy memories still freeze my heart.

The frontline stretches less than 90 kilometers from Starobilsk bringing with it with it extreme threats of undeclared war such as almost daily shelling, destruction, wounds and deaths. Only in 2018, 55 civilians died as a result of the war, and 224 people have been injured. Needs of people, living close to the “hottest” spot in Europe, should not be forgotten and ignored. Caritas uses every effort to ensure that the affected people and their needs are not fading away in «forgotten war» on our continent, and brings their stories on highest humanitarian levels of the EU and the rest of the world. Hundreds of thousands of people in need, who left their homes on the front line and lost their livelihoods, are desperate to return to normal life. Almost one and a half million of internally displaced people (IDP) are either hoping to be at home, or, if they have already found a new home in a new community, are dreaming to see their relatives and friends, remaining at the epicenter of war, without risking their own lives. In addition, unemployment is one of the greatest challenges faced by IDPs today. According to the UN’s experts, unemployment rate among them is up to 23% (compared to total Ukrainian rate of 10%). Ukrainians who were forced to leave their homes, benefited from training programs, organized by Caritas, to assist them in finding new occupation, be active members of society and to prevent labor migration. Our specialists train people, consult them on business matters, create working space and conducive environment with employers. We also continue to provide individual grants for training and development of beneficiaries’ own business.

Our charity organization continuously helps the most in need and highly vulnerable groups of population, especially those living in proximity to the front line. Water, food, medicine, solid fuels and psychosocial support are our multidisciplinary response to the needs of the affected population. In 2018, Caritas participated in implementation of “The Pope for Ukraine” initiative, which was an extraordinary manifestation of solidarity among Catholics around the world. Thanks to this initiative, we were able to help nearly 17,000 people in extremely difficult living conditions in 44 settlements. Most valuably, people felt that they were not forgotten and it helped to raise their spirits.

Caritas Ukraine pays significant attention to the issues of peacebuilding, importance of non-conflict resolution and search for ways to reconcile. We work with communities for their better cohesion and resilience to respond to any challenges.

In this report, we provide figures that illustrate our wide and so needed activities. However, stories of our beneficiaries deserve special attention. Each of them is a testimony of changes that Caritas brought to a particular person in one of the five spheres of our main activities. Each of these stories leads us to kaleidoscope of tens of thousands other stories, when Caritas helped people to change their lives for the better. By the word «Caritas» this time, I mean our team of employers and volunteers all over Ukraine. They personalize humanity and mercy. I am so thankful to them!

With warmest regards,

President
Andrij Waskowycz

Nina Pavlivna Savinova
Liubov Pavlivna Skokova
<table>
<thead>
<tr>
<th>Інші приватні пожертви</th>
<th>Zališkoff коштів станом на 31 грудня 2018 р.</th>
<th>Remaining balance for December 31, 2018</th>
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<tbody>
<tr>
<td>Всього:</td>
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<td>Total: 8 892 955</td>
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<tr>
<td>1</td>
<td>Державний вимушеним переселенцям та постраждалим від конфлікту на Сході України</td>
<td>2018</td>
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<tr>
<td>2</td>
<td>Комплексна допомога ВПО на базі соціальних центрів</td>
<td>2018</td>
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<td>3</td>
<td>Допомога дітям та молоді</td>
<td>2018</td>
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<td>4</td>
<td>Домашня опіка</td>
<td>2018</td>
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<td>Інституційний розвиток та посилення організаційних можливостей</td>
<td>2018</td>
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<td>6</td>
<td>Поєднання людей для миробудівництва</td>
<td>2018</td>
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<td>7</td>
<td>Міграційні програми</td>
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<td>Створення центрів підтримки сімей як моделі для інтеграції ВПО</td>
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<tr>
<td>9</td>
<td>Охорона здоров’я та психосоціальна допомога для вразливих груп населення</td>
<td>2018</td>
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<tr>
<td>10</td>
<td>Запобігання торгівлі людьми</td>
<td>2018</td>
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<td>11</td>
<td>Соціальна інклюзія і розвиток інтеграційних центрів для людей з інвалідністю</td>
<td>2018</td>
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<tr>
<td>12</td>
<td>Інші проекти</td>
<td>2018</td>
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<td>13</td>
<td>Адміністративні витрати</td>
<td>2018</td>
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**ІНКОМІ 2018**

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<thead>
<tr>
<th>Інші приватні пожертви</th>
<th>INCOME 2018</th>
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<td>Домашня опіка</td>
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**ВИТРАТИ ЗА 2018 РІК**

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<tr>
<th>Інші приватні пожертви</th>
<th>EXPENDITURES IN 2018</th>
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<td>8</td>
<td>Домашня опіка</td>
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**Залишок коштів станом на 1 січня 2018 року**

<table>
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<th>Інші приватні пожертви</th>
<th>Remaining balance for January 1, 2018</th>
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<td>8</td>
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</tbody>
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ЗВІТ ПРО РУХ ГРОШОВИХ КОШТІВ СТАНОМ НА 31 ГРУДНЯ 2018 РОКУ
CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2018

ГРОШОВІ КОШТИ ТА ЇХ ЕКВІВАЛЕНТИ НА ПОЧАТОК ЗВІТНОГО РОКУ
CASH AND CASH EQUIVALENTS AT THE BEGINNING OF THE FINANCIAL YEAR

€ 1 234 712

РОХ ГРОШОВИХ КОШТІВ НА БЛАГОДІЙНУ ДІЯЛЬНІСТЬ
CASH FLOWS FROM CHARITABLE ACTIVITIES

8 458 370

ВИТРАТИ НА ОПЛАТУ:
SPENDING ON PAYMENT:

Грошові кошти, використані на благодійну грошову допомогу
Cash grants
(€ 861 143)

Перераховано субгрантів
Transferred sub grants to local Caritas
(€ 408 732)

Оплата праці
Wages and salaries
(€ 617 252)

Відрахування на соціальні заходи
Social tax
(€ 167 131)

Зобов'язання з податків і зборів
Income tax
(€ 236 137)

Інші витрати
Other
(€ 117 544)

ЧИСТИЙ РУХ КОШІВ ВІД ОПЕРАЦІЙНОЇ ДІЯЛЬНОСТІ
NET CASH USED IN CHARITABLE ACTIVITIES

(€ 157 824)

РОХ КОШІВ У РЕЗУЛЬТАТІ ІНВЕСТИЦІЙНОЇ ДІЯЛЬНОСТІ
CASH FLOWS FROM INVESTING ACTIVITIES

Прибутки основних засобів
Purchase of fixed assets
(€ 276 761)

Інші надходження
Other
€ 11 452

ЧИСТИЙ РУХ КОШІВ ВІД ІНВЕСТИЦІЙНОЇ ДІЯЛЬНОСТІ
NET CASH PROVIDED BY INVESTING ACTIVITIES

(€ 256 536)

ЧИСТИЙ РУХ ГРОШОВИХ КОШІВ ЗА ЗВІТНИЙ ПЕРИОД
CHANGE IN CASH AND CASH EQUIVALENTS IN THE FINANCIAL YEAR

(€ 414 360)

ГРОШОВІ КОШТИ В БАНКІВСІХ В НІНКІ ФІНАНСОВОГО РОКУ
CASH AT BANK AT THE END OF FINANCIAL YEAR

€ 820 352

БАЛАНС СТАНОМ НА 31.12.2018
BALANCE SHEET AS AT 31.12.2018

НЕОБРОТНІ АКТИВИ
FIXED ASSETS

Основні засоби
Tangible Fixed Assets
€ 519 587.85

Залишки
Inventory
€ 10 901.53

ОБРОТНІ АКТИВИ
CURRENT ASSETS

Дебіторська заборгованість
Debts and Prepayment
€ 321 026.26

Гроші та еквіваленти
Cash at Bank and on Short Term Deposit
€ 820 351.52

Поточні зобов'язання
Creditors
(€ 43 927.94)

АКТИВИ ЗА ВІРАХУВАНЯМИ ПОТОЧНИХ ЗОБОВ'ЯЗАНЬ
TOTAL ASSETS LESS CURRENT LIABILITIES

€ 1 627 939.23

БАЛАНС АКТИВІВ
TOTAL NET ASSETS

€ 1 627 939.23

ЦІЛЬОВЕ ФІНАНСУвання ТА ЗАБЕЗПЕЧЕННЯ FUND OF THE CHARITY

Нерозподілений прибуток (непокритий збиток)
Unaudited profit (uncoveredloss)
(€ 67 902.29)

Фонди цільового фінансування
Restricted funds
(€ 1 694 192.03)

Фонди нерозподіленого фінансування
Unrestricted funds
(€ 1 649.49)

БАЛАНС ПАСИВІВ
TOTAL FUNDS

(€ 1 627 939.23)

Підтримати Карітас України
Банківські реквізити в менах України

p/r 26008001913626
ПАТ "КРЕДОБАНК",
SWIFT code: WUCBUBL
Міжнародний Благодійний Фонд "Карітас України",
ЕДРПОУ 21695710.
*призначення платежу: благодійний внесок на статутну діяльність.

Support Caritas Ukraine
Bank details for foreign donations

JSC KREDOBACK (ул. Sakharova, 78, 79026 Lviv, Ukraine),
Account holder: International Charitable Foundation “Caritas Ukraine”.
SWIFT code: WUCBUBLA2.
Account #: 26008001913626 EUR
Name of bank correspondent: KBC Bank N.V. Brussels, Belgium,
SWIFT code: KREDGBBB.
IBAN Number UA79253650000002600801913626
*please note that while transferring money it has to be marked as: Charitable Donation for ICF "Caritas Ukraine"
Programs are focused on needs of socially vulnerable people who suffered from war conflicts, natural disasters or other hazards.

Since April 2014 Caritas Ukraine started humanitarian assistance to people affected by armed actions in the east of Ukraine and helped more than 530,000 people already.

Target group - socially vulnerable people who have been affected by traumatic events, regardless of their age, gender, nationality, religion or political beliefs:
- IDPs from the Donetsk and Luhansk regions and Crimea;
- residents of «gray» or buffer zone along the conflict line.

**Main spheres of activities:**
1. Coverage of basic needs:
   - winterization;
   - distribution of food and hygiene kits, medicaments;
   - multifunctional cash grants and emergency relief;
   - psychosocial and informational support.

2. Access to livelihood means and labor market:
   - employment (vocational trainings, grants for job creation);
   - individual grants for professional reskilling, business grants for creation or renewal of entrepreneurial activities;
   - livelihood recovery for people living in rural areas through the development of private agricultural business.

3. Integration and peacebuilding:
   - assistance in finding understanding between different population groups (forum-theaters, live libraries, thematic dialogues);
   - social bonding events (art workshops, community actions, thematic camps for children, adolescents and families);
   - strengthening of local potential for transformation of conflicts (training on stress resistance, forums, conferences and round tables);
   - family support centers (social integration of IDP families and local population, increasing of social integration through creation of common platform for communications).

4. Complex programs:
   - multifunctional social centers on crisis overcoming and self-care for people and communities affected by war conflict.

Activities are funded with financial support of international donors.
Humanitarian projects

4 projects

3,049,713

25,795 beneficiaries

Basic needs project

15,789 beneficiaries, 96.1% unemployed

Binificiaries' age of the Basic Needs project

18-35 y.o. (11.6%), 36-44 y.o. (9.32%), 45-59 y.o. (18.44%), 60+ y.o. (60.62%)

12,041 people received material support

Community development

1,638,368

57,545 beneficiaries

Peacebuilding

Livelihood

Community resilience

498 psychological counseling

In the 6 centers of social cohesion, 52 local initiatives have been launched.
Oleksiy

Oleksiy is from Yenakiieve - professional mechanic engineer. He worked on mine as serviceman at mining development and was planning to get degree at mining. He liked his job and he hoped to make career in this field. However, the war started and his mine was closed.

Like many from eastern Ukraine, Oleksiy had to change his home and work. Moving is extremely difficult, because one need to change a lot, and sometimes even everything! But Oleksiy has found in himself strength, confidence, desire and acceptance of change. Together with his girlfriend and pet, he moved to Mariupol.

At once it was very difficult, he had to look for place to live and, of course, for a new job. Although Mariupol is industrial city, but experienced mining professional was not in demand anymore. But willing for change helped - Oleksiy learned about business courses for young entrepreneurs at Caritas Mariupol, and that there are grants for starting up own business. In his words, people who conducted these courses looked very trustful and provoked his desire to try to get grant assistance. Persistence helped - Oleksiy received re-training grant. He fundamentally changed his professional profile - he became photo master, though he had no interest in it before. With received funds, he was able to purchase technical equipment and expanded range of services.

Currently, Oleksiy plans to have constant working hours and financial income. This will be difficult, because of competition on the market of photographic services in Mariupol. However, dedicated man is confident that he will cope with this. Oleksiy advises everyone who still does not dare to apply for help to charity organizations and does not find strength to change life for the better, to be strong and to remember that a person has only one life and there is no time to be afraid.

Sofia

Sofia Mikhailivna is 88 years old. Her whole life she lived in Chermalyk village, Volnovakha district, Donetsk region. She married here, together with her husband built a house, gave birth and raised children... But Sofia’s husband died, children left family nest. War and loneliness led to ischemic stroke two years ago. At the same time, woman, because district center had been changed for 6 months, wasn’t able to receive her legal pension...

It is difficult to say how Sofia Mikhailovna would survive, if Caritas’ Mariupol doctors didn’t help her. In the framework of the project «Providing Basic Needs in the Buffer Zone» significant help to such people are constantly provided. Caritas’ doctors carry out medical examinations, provide medicaments and medical devices. So Sophia was provided with all necessary medicines and an automatic tonometer for controlling her arterial pressure. Moreover, she gets help with food and solid fuels.

Together with such support, Caritas provides to Sofia Mikhailovna and thousands of other people living in the front-line villages sympathy and attention, so needed and important for them. Sofia everyday waits for doctors and social workers. Each their visit inspires optimism and hope that these hard times will be in the past, because everything in our lives has its beginning and its end. The best times will come, if only to wait for them!
Aim: to develop potential and capabilities of children and youth, broaden their rights and possibilities.

Main sphere of activities:
• social and pedagogical activities in centers for children and families at 19 local Caritas organizations;
• activities for “street” youth in 5 cities;
• friendly spaces for children at premises of secondary schools in 20 settlements of the buffer zone;
• kindergarten in Lviv.

Services for children and youth:
• group trainings (including games, films, quests) for obtaining real-life, social and communicative skills and developing socially accepted behaviors, preparation for separate living;
• self-developmental classes, creative master classes, art-therapy;
• educational activities, excursions including vocational guidance;
• sports clubs and active leisure, adventure pedagogy;
• youth projects in communities, flash mobs, mass cultural events;
• psychosocial sessions to develop stress-resistance for children;
• preschool education, integration in children groups, preparation for school.

Services for parents/caregivers:
• schools of positive parenting (in selected centers);
• parental groups of peer support and establishing networks of peer help between parents to overcome isolation;
• counseling on psychological and social issues;
• social individual support (in separate centers) in overcoming hard living conditions, support in legal paperwork;
• combined children-parent events.

Activities are funded from financial support of international donors and private donations.
Vika grew up on a small farm, far from city and lived an ordinary life of rural kid – helped around household, went to school. However, she had a big dream - to become an artist. For the sake of this dream, she attended art school in the nearest district center and later successfully entered professional art college in Lviv.

One day, her friends brought Vika to the Children and Youth Social Center at Caritas Lviv. «At that time I had already studied for year and a half in Lviv, lived in dormitory,» the girl says. - It was difficult for me to live with strangers. I was indifferent to studying, because teachers did not try to understand their students. I just wanted to go home, but I was keeping in mind my dream».

At first, girl behaved very squat and avoided contacts, expecting disapproval or negative evaluation. Vika tried to keep out of group activities and preferred an observer’s position. However, gradually everything has changed. Vika became active participant in art studio at the Social Center, which motivated her for better learning and reaching her goals.

Vika also joined vocational guidance training, during which she learned to establish contacts with potential employers, present herself and her work, overcome fear of communicating with strangers.

Today, Vika enthusiastically helps at the Center. She became reliable and now can easily find common language with visitors, assists in fulfilling various tasks, shares her knowledge of drawing or coloristics. Moreover, she draws incredible pictures!
Main spheres of activities:
1. Anti-human-trafficking plus promoting of social and professional integration for people who have suffered from human-trafficking.
2. Improvement of self-sufficiency and providing support for refugees currently living in Ukraine.
3. Reintegration assistance to Ukrainian migrants who voluntarily returned after staying in EU countries.

Preventing human-trafficking
Project "Supporting activities of consultant centers for human-traffic victims" aimed on promoting social and professional integration for human-traffic victims and preventive consultant services for potential migrants, especially young people and at-risk population.

Program services provided in the framework of current projects:
- The activities of 8 consultant centers in Lviv, Ivano-Frankivsk, Kyiv, Odesa and Kharkiv regions.
- Finding victims of human-trafficking, providing them with diversified assistance and directing them to other units of the National Mechanism of Intercooperation.
- Information and education work to raise awareness among the most at-risk population.
- Activities of mobile consultant groups in remote districts.

Support and integration of migrants and refugees
Caritas Ukraine assists refugees and asylum seekers who lives in Ukraine by development of their skills and competences necessary for employment, entrepreneurship, social and intercultural integration. Moreover, we help in promoting their active participation in the life of local communities and in local labor market (Kyiv, Kharkiv, Odessa and Trans Carpathian regions).

Program services provided in the framework of current projects:
- Training activities (language courses, computer literacy, life skills, vocational trainings and personalized job-search advices, etc.).
- Business trainings (business skills training courses).
- Grants for entrepreneurship and vocational trainings.

Reintegration help to Ukrainian migrants
Activities are aimed at providing diversified qualified assistance to former migrants

Program services provided in the framework of current projects:
- Social support and legal advices.
- Consulting on how to open and maintain your own business.
- Financial assistance in form of equipment necessary for starting own business and improving housing or living conditions.
- Temporary help to cover accommodation charges.
- Assistance in medical therapy and health resumption.

Activities are funded with financial support of international donors.
Inna was brought to Caritas Drohobych by empathetic by-passer, who could not watch how a young woman was mercilessly beaten by Romany woman. In Caritas she told that she is an orphan, was brought up in boarding school, then went to vocational training school, early got married and has a son. Inna often quarreled with her husband - he drank a lot, was violent and disappeared from time to time. When it became impossible to live like that, Inna and her son went to relatives, but there was alcohol, drugs and violence present. So Inna stayed on the streets. The woman was sitting with her child at bus station, when Romany woman came to her and offered shelter. After some time, the Romani people used that she has no place to go and forced to earn money for them.

For two years, Inna begged near temples of Lviv, Sambir, Stryi and Drohobych. She had had to leave her child as guarantee that she would return and bring earnings. If she brought little money, she was often beaten. There were occasions when her ‘boss’ fondled her and offered sexual relationships.

No one knows how long would it all last if she didn’t come to Caritas. There was an attempt to feel complaint to local police, but with no results. Thanks to the local priest, Caritas managed to take back Inna’s child and documents.

Inna and her son Ihor were identified as victims of trafficking, who were used in begging, were brutally beaten and humiliated.

Now, Inna lives in the «Nasha Khata» (“Our House”) community with her son at Caritas Drohobych. Although the boy is four years old, he is still talking badly and lacks basic self-care skills. There are problems with his psychological development. However, the child is attending kindergarten and is feeling better.

Inna also gets psychological support, because she has problems with social adaptation, a positive HIV status, have no housekeeping skills. She learns how to live her life in a new way. Now the young woman assists at kitchen in the «Nasha Khata» community and looking for a job. Thanks to Caritas, she has been registered in AIDS Center and is receiving necessary treatment.
Support of people with disabilities

Main spheres of activities:
Helping people (especially young adults) with intellectual disabilities and other severe forms of disabilities (cerebral palsy, Down’s syndrome, etc.) through network of Caritas Ukraine social centers.

Main goal of centers’ work is to provide psychosocial support and assistance in overcoming social isolation, adapting people with disabilities to life in communities, improving their self-confidence and independence, developing their creative and educational self-actualization, helping them to obtain new skills.

Program services provided in the framework of current projects:
• Improving the living standards of children, youth and adults with disabilities through their participation in activities of Caritas Ukraine social centers.
• Providing psychosocial support and assistance in overcoming social isolation and adaptation to life in local communities.
• Development of creative and educational self-actualization for obtaining new skills and social integration.
• Community mobilization and support for parents’ initiative groups.

Program of helping disabled currently include:
• 8 specialized social centers for young people with disabilities in Lviv, Ivano-Frankivsk and Ternopil regions.
• 5 centers for children with disabilities (Khmelnitsky, Brody, Novovolynsk, Zaporizhia and Mariupol).
• Involvement in program activities of children from state specialized educational facilities.
• Active cooperation with local higher educational facilities so students may receive practical skills in working with people with intellectual disabilities.

Our advantages:
• People-centered activities – Caritas Ukraine cares about each person needs and cultural values.
• We provide services regardless of religion, nationality or social status of a person.
• Involvement of disabled to implementing social projects – candles for Christmas Charity event are traditionally packed and decorated by adolescents with disabilities, who are beneficiaries of Caritas Lviv.
• Flexibility and adaptation of projects’ activities to current environment – implementing new components depending on each regions’ needs, humanitarian situation in the country, social and demographic specifics of target group.

Activities are funded with financial support of international donors and private donations.
Yura began attending the “Amazing Palms” Center at Caritas Drohobych among the first back in 2008. Prior to that, he studied at Boryslav’s Specialized Boarding School, which had rather negative impact on formation of Yura’s mind and personality. There he was receiving proper no aesthetic education, no love or understanding. Ashamed of his own physical disabilities, he blockaded himself from society by walls of rudeness and ignorance. Only after coming to the Center he changed to his best side.

It turned out that this mask of rudeness hided an extremely good and sociable young man, ready to help and support with good word. Yura has learned to see positive side of people, be thankful to them and take compliments. In spite of severe form of disability, he overcomes long way from home to Caritas every day. Yura is doing creative work (embroidering drawings with beads) at the Center with pleasure. He takes part in self-service and self-advocating training courses and various other activities. Living without father, with disabled mother, Jura put all home duties on his shoulders. He understands that he is the only man in the family. Yura dreams to study singing professionally.
Healthcare

Main spheres of activities:
1. Home care program for lonely elderly people and people in hard living conditions.
2. Providing urgent basic need of IDPs and residents of the buffer zone in the east of Ukraine with medications and psychosocial support.
3. Care and support for HIV infected people.

Homecare and palliative help (homecare.org.ua)
Home care program is the only program in Ukraine of qualified comprehensive help at home for beneficiaries and the most long-termed social program of Caritas Ukraine, which was continuously implementing since 1998.

Homecare currently include:
• Over 1 500 beneficiaries in 14 Ukrainian cities, including the buffer zone.
• Over 150 social workers and specially trained psychologists.
• Project specialists provide services in accordance with the National standard of home care.
• Three centers of palliative help.
• Information services for family members.

Basic services:
• Hygienic and paramedical procedures.
• Management of households.
• Counseling on legal and social issues.
• Counseling with profile specialists (if needed).
• Spiritual support (if needed).
• Rent of rehabilitation equipment.

In framework of the program help is also provided to IDPs and residents of the buffer zone.

Services provided in frameworks of current projects:
• Cash grants for getting medical services and vouchers for buying medications in pharmacies.
• Our mobile medical teams work in remote districts providing medical and psychological support.
• Involving local active community members in finding and helping most vulnerable people to cover their basic needs.

Prevention, care and support for HIV/AIDS:
• Activities are carried out by Caritas Odessa UGCC.
• In 2017, Caritas Odessa UGCC is recognized as the winner of social projects’ contest in the nomination «Prevention of AIDS, HIV and drug addiction in Odessa».

Activities are funded with financial support of international donors and private donations.
Olga has disabilities for more than twenty years by now, but after death of her mother, the 65-year-old woman remained alone - her husband died a long time ago, the only son lives abroad and practically never comes, few relatives live in non-governmental controlled areas in the eastern Ukraine. Olga’s son, when he may, helps his mother, but this is not always possible - he has his own problems. At once, active and successful woman, Ph.D., who worked in executive positions, became locked up in four walls of small apartment in Kyiv suburbs. Now her main link with outside world is social worker from Caritas Kyiv.

“It’s hard for me to walk,” the woman says. – “I have bunch of various diseases, and after the accident, everything is broken. I walk only on my own enthusiasm. Caritas helps me already for the third year. I returned to life. Now, I have someone to talk to. Raya for me is like daughter – she is my hands, my legs and my head. This is a gift from God. Without her in my life, I would not have survived. She always comes smiling like the Sun. I realize that she has her own family, her problems, but with me she is always friendly and does everything. I wait for her as for God …”

Social worker helps Olga in everything - she cleans the apartment, buys food, medicines, measures woman’s pressure. Thanks to Caritas, Olga gets humanitarian aid, and even received walking frame to help her to walk at least a little. And the woman has someone to chat!

“It’s scary to be alone,” - Olga continues. - “This is the worst thing in life. These are issues you do not understand while you can walk. If there was no Raya in my life, I would not have survived the death of my mother. I dreamed about having a daughter all my life, but now I have it - I open the door as the sun goes up. I returned to life. She is my salvation straw...”